



Daily Menu

Breakfast served until 3 pm daily

- ★ **Basic Breakfast:** Two eggs any style, your choice of toast, grilled potatoes, and bacon or sausage. Add 50¢ to substitute Hillshire Farms ham.....\$7.85
- French Toast:** Your choice of thick-sliced Italian, Oatmeal Wheat or Three Seed bread dipped in our special batter and grilled, topped with maple cream cheese and fruit sauce.....\$7.85
- Pesto Eggs & Ham:** Two eggs scrambled with Café-made pesto, Hillshire Farms ham and your choice of toast.....\$7.60
- Smoked Whitefish Breakfast:** Fresh Lake Superior whitefish, smoked in our kitchen and served on Oatmeal Wheat toast with organic baby greens and creamy lemon herb sauce.....\$8.50
- Build-Your-Own Omelette:** Choose one meat (ham, bacon, or sausage), one cheese (Swiss, white Cheddar, Monterey Jack, bleu cheese, or feta), and two vegetables (mushroom, onion, spinach, tomato, broccoli, or red and green bell pepper) folded into three farm-fresh eggs and served with toast. Extra meat—\$2.00, cheese or vegetable—50¢.....\$7.60
- Café Scramble:** Sausage, tofu, broccoli, tomato, and onion cooked in tamari and garlic butter. Served with its own sauce and your choice of toast.....\$7.60
- ★ **Huevos Rancheros:** Two eggs any style, served with organic black beans, brown rice, and two wheat tortillas. Topped with bold ranchero sauce, sour cream, and white Cheddar.....\$6.85
- Yogurt Sundae:** Maple syrup-sweetened yogurt served over fresh fruit and topped with Café-made Cinnamon Walnut or Orange Almond granola.....\$6.85
- Hot Winter Grain Cereal:** Oatmeal, wheat berries, brown rice, millet, dried cranberries, and raisins boiled and topped with toasted almonds.....cup \$5.10 — bowl \$6.10
- Granola:** Cinnamon Walnut or Orange Almond, served with milk.....cup \$4.80 — bowl \$5.80
- Grilled Potatoes:** Seasoned with Cajun spice, Curry spice, Tuscan spice, or salt and pepper.....\$2.30
- Toast & Jam:** Oatmeal Wheat, Three Seed, Russian Rye, Italian, or French sourdough.....\$2.55

Sandwiches & Entrees served all day, every day

- ★ **Cheeseburger:** A 5-ounce patty of naturally raised U.P. ground beef, served on a toasted Oatmeal Wheat bun with romaine, tomato, sprouts, grilled onion, mayonnaise, and Monterey Jack cheese (6-ounce chicken breast substitution available).....\$7.60
- Orbit Pesto Sandwich:** Our own grain and lentil patty with tomato slices, pesto, organic baby greens, Swiss cheese and Thai Garlic dressing on toasted Three Seed.....\$7.60
- Whitefish Salad Sandwich:** Fresh smoked Lake Superior whitefish in a creamy salad with fresh vegetables on toasted Three Seed.....\$8.50
- Egg Salad Sandwich:** From-scratch egg salad made with Farmer Jim's eggs, on toasted Italian with organic baby greens and tomato slices.....\$6.85
- Veggie Pita:** Raw seasonal vegetables in a toasted whole wheat pita with hummus, sprouts, and balsamic vinaigrette.....\$7.60
- Spinach Cobb Salad:** Crisp bacon, tomato, green onion, walnuts, white cheddar cheese, and hard boiled egg on a bed of fresh spinach and romaine. Served with your choice of dressing and fresh-baked French sourdough bread.....\$10.40
- Hammondsport Salad:** Orange segments, cranberries, raisins, pecans, sprouts, cauliflower and bleu cheese on a bed of mixed greens. With raspberry vinaigrette and fresh-baked French sourdough bread.....\$10.40
- Nacho Platter:** Organic black beans, vegetables, and Monterey Jack cheese layered over corn tortilla chips, served with Café-made salsa. Add chicken or sausage for \$3.00.....\$8.60
- Ginger Stir Fry:** Tofu, chicken, or ground beef pan-fried with vegetables and our own ginger sauce, served over organic brown rice.....\$11.65
- Curried Chicken Plate:** Indian-style dish of boneless chicken breast simmered in chicken broth, spices, and vegetables, served over organic brown rice.....\$10.65
- Side Orders:** Choose from the following options: cup of soup; mixed greens with dressing; sea noodle salad; or corn chips and Café-made salsa.....\$3.30